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His Royal Highness The Prince Charles,  
Duke of Rothesay

## Mey Selections Stovies and Oatcakes.

Serves:4

Preparation time:10 mins

Cooking time:120 mins

### Ingredients:

- 55g butter
- 2 large onions, sliced
- 900g John O Groats Tatties, thickly sliced
- 150mls beef stock
- 225g cooked and cubed Mey Selections Beef
- Serve with Mey Selections Coarse Oatcakes.

### Instructions

1. Melt the butter in a large saucepan and add the onions. Cook over a gentle heat for a few minutes until they have softened slightly. Add the meat and top with the potatoes and stock and season with salt and pepper. Bring the stock up to the boil.
2. Turn the heat down to as low as possible and put a tight fitting lid on. Cook for 2 hours, stirring occasionally

### Variations

Instead of cooking on the hob you can cook in an oven instead. (150C or gas mark 3)

Why not try with Mey Selections Lamb!

Add a bit more flavour with Rosemary and Thyme Oatcakes!